
THERMOGRAPHY REPORT OF FINDINGS REVIEW AND PERSONALIZED RECOMMENDATIONS

We commend you for taking an active role in your health and thank you for choosing Thermography for Health NY as your partner in achieving optimal health!

We are providing these recommendations to support all levels of your being and your healing journey.

Use this space to take notes as your thermographer reviews your thermal imaging Report of Findings with you.

Over the next 3 months, what shift would you like to see in your health?

Your Personalized Recommendations

Week 1:

Week 6:

Week 2:

Week 7:

Week 3:

Week 8:

Week 4:

Week 5: *Schedule a 30-min call with your thermographer to reassess, recalibrate, and support your next steps for healing. \$100 for personalized guidance.* Date and Time of Call:



120 East 56th Street 12th Floor, New York, NY 10022

Phone: 212-838-8884

Email: Hello@ThermographyForHealthNY.com

Website: ThermographyForHealthNY.com

Place a checkmark next to each recommendation that your thermographer suggests for you:

SERVICES & SUPPORTIVE TREATMENT:	
<input type="checkbox"/> Biomagnetic Therapy	<input type="checkbox"/> PEMF Therapy
<input type="checkbox"/> Body Talk	<input type="checkbox"/> Periodontal Assessment
<input type="checkbox"/> Body Work	<input type="checkbox"/> Sound Therapy
<input type="checkbox"/> Manual Lymphatic Drainage Massage	<input type="checkbox"/> Thermography Follow Up:
<input type="checkbox"/> Oral Parasite & Bacteria Saliva Test	<input type="checkbox"/> 3 mos <input type="checkbox"/> 6 mos <input type="checkbox"/> 12 mos
<input type="checkbox"/>	<input type="checkbox"/>

EXERCISES, INSTRUCTIONS & PRODUCT RECOMMENDATIONS	
<input type="checkbox"/> Air Cleaner by Vallora	<input type="checkbox"/> Diaphragmatic Breathing Video & Written
<input type="checkbox"/> Anti-Inflammatory Foods	<input type="checkbox"/> Digestive Support Essential Oils
<input type="checkbox"/> Antibiotic Support	<input type="checkbox"/> Digestive Support Enzymes and HCL
<input type="checkbox"/> Arvigo Techniques of Maya Abdominal Therapy	<input type="checkbox"/> DoTerra Essential Oils & Products
<input type="checkbox"/> Bath Rituals	<input type="checkbox"/> DMSO Protocol with Iodine and MSM
<input type="checkbox"/> Bile Flow	<input type="checkbox"/> Dry Brushing Video & Written Instructions
<input type="checkbox"/> BioAge Superfood	<input type="checkbox"/> EMF Protection – Biofield Devices
<input type="checkbox"/> BioMat	<input type="checkbox"/> Emotional Support Protocol
<input type="checkbox"/> Block Therapy	<input type="checkbox"/> Essential Oils and Sleep
<input type="checkbox"/> Castor Oil Pack	<input type="checkbox"/> Essential Oils for Breast Health
<input type="checkbox"/> CBJS for Breast Health Video & Written	<input type="checkbox"/> Essential Oils for Immune Support
<input type="checkbox"/> Collagen by Shore Magic	<input type="checkbox"/> Fiber and Bentonite if PRONE to Constipation Protocol
<input type="checkbox"/> Daily Check-In for Optimal Health	<input type="checkbox"/> Flow Your River Gentle Tummy Massage
<input type="checkbox"/> Decongestion Nebulizer Protocol	<input type="checkbox"/> Gallbladder Flush – Liver Cleanse
<input type="checkbox"/> Dental Home Care Routine	<input type="checkbox"/> GERD Support Protocol
<input type="checkbox"/> Dental Healing Support	<input type="checkbox"/> Gut Infection Probiotic Support
<input type="checkbox"/> Dental Infection Support	<input type="checkbox"/> H. Pylori Support Protocol
<input type="checkbox"/> Dental Irrigation Instructions and Benefits	<input type="checkbox"/> Half Roll for Lower Back & Hips Video



<input type="checkbox"/> Health Assessment	<input type="checkbox"/> pH: How to Test
<input type="checkbox"/> Hydrofloss	<input type="checkbox"/> Probiotic 'Shots' from Doctor's Biome
<input type="checkbox"/> Hyperextension Exercises Video & Written	<input type="checkbox"/> Probiotics (Oral) from ProBiora Health
<input type="checkbox"/> Infrared Sauna by Therasage	<input type="checkbox"/> Psyllium & Bentonite if NOT Prone to Constipation Protocol
<input type="checkbox"/> Iodine Protocol	<input type="checkbox"/> Pur2O Water Purification
<input type="checkbox"/> LifeWave Patches	<input type="checkbox"/> Pyloric Valve Release Video & Written
<input type="checkbox"/> Lymphatic Massage for Armpits	<input type="checkbox"/> Referral Partners of TFHNY
<input type="checkbox"/> Magnet Therapy (Biomagnetism)	<input type="checkbox"/> Risewell Toothpaste and Rinse
<input type="checkbox"/> Mammography-Thermography-Ultrasound Comparison	<input type="checkbox"/> Sacred Space Clearing and Cleansing
<input type="checkbox"/> Microbiome Restoration	<input type="checkbox"/> Sleep & Breathing
<input type="checkbox"/> MSM Protocol	<input type="checkbox"/> Sleep Disorder Assessment
<input type="checkbox"/> Nitric Oxide Protocol	<input type="checkbox"/> Sleep Quality Checklist & Essent. Oils for Sleep
<input type="checkbox"/> Oil Pulling with Essential Oils	<input type="checkbox"/> Sun Care & Protection for Outdoors
<input type="checkbox"/> Oral Health: Is Your Mouth Killing You	<input type="checkbox"/> Tension Tamers to Restore Your Flow VIDEO
<input type="checkbox"/> Oral Parasite & Bacteria Test COUPON	<input type="checkbox"/> Thyroid Test Protocol
<input type="checkbox"/> Oral-Systemic Link	<input type="checkbox"/> Water is Alive
<input type="checkbox"/> Oral X-Ray Protection	<input type="checkbox"/> Wedge & Intermittent Forced Correction
<input type="checkbox"/> PEMF Brochure	<input type="checkbox"/> ZeoCharge

RECOMMENDED MEDITATIONS, RITUALS, AND VISUALIZATIONS:

- | | |
|---|---|
| <input type="checkbox"/> Angel Whispers Meditation | <input type="checkbox"/> In the Moment Meditation |
| <input type="checkbox"/> Be-U-ty Guided Meditation | <input type="checkbox"/> Intention Arrows Visualization |
| <input type="checkbox"/> Falling into Sleep Ritual Meditation | <input type="checkbox"/> Summon the Lion Visualization |
| <input type="checkbox"/> Fountain of Vitality Meditation | <input type="checkbox"/> Tree Ritual Meditation |
| <input type="checkbox"/> Hold Your Light Guided Meditation | <input type="checkbox"/> |

We have created a special page with the patient resources listed above. Access the videos and instruction sheets recommended by your thermographer right here:

<https://thermographyforhealthny.com/for-patients/patient-resources>



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