

H. pylori Support Protocol

Helicobacter pylori (H. pylori) is a mucosal pathogen estimated to be present in 50-75% of the world population.

H. pylori infects the stomach lining, causing ulcers and inflammation. Symptoms include abdominal pain, bloating, and nausea. Untreated H. pylori can lead to complications like ulcers, stomach cancer, and gastritis.

Even if you have received medical prescription treatment, this protocol will help to support the gut microbiome, heal the stomach lining, and enhance immune support.

MegaIgG2000™

PURPOSE

Serum derived immunoglobulins (SBI) have been documented to bind H. pylori, along with a list of other bacterial toxins. The neutralizing effects of SBI have shown improvements in abdominal pain, bloating and flatulence.



DOSING

2 capsules before your first meal of the day and 2 capsules before dinner.

PyloGuard™

PURPOSE

The bacteria H. pylori is often associated with GERD (acid reflux). A specific strain of beneficial bacteria called L. reuteri DSM17648 can attach itself to H. pylori.



Since 2014, studies have shown that this strain can significantly reduce the amount of H. pylori. It does this by forming clusters around the H. pylori without affecting other helpful bacteria in the gut. This makes L. reuteri DSM17648 very useful in medical treatments without causing harmful side effects.

DOSING

For confirmed elevated H. pylori, mix one capsule into water prior to each meal.

HU58™

PURPOSE

Bacillus Subtilis HU58 is a unique spore-forming strain of bacteria. It can secrete more than a dozen natural antimicrobial compounds. The bacilysoicin antibiotic secreted by B. Subtilis has promising clinical implications in its use in H. Pylori infections, peptic ulcer diseases, chronic gastritis.



DOSING

WEEK 1: 1 capsule every other day for one week. **WEEK 2:** 1 capsule every day for one week. **WEEK 3+:** 2 capsules every day for 3 months.

MegaGuard™

PURPOSE

MegaGuard contains several supportive ingredients for gut health. Compounds in licorice have been studied for their ability to reduce inflammation in the stomach lining. Some studies have shown that these compounds can improve stomach acidity, help heal ulcers, and decrease the presence of H. pylori bacteria.



Cynaropicrin, a bitter compound found in artichoke leaves, helps bile flow better. Bile contains saponins, which are soap-like chemicals with antimicrobial properties, important for the upper small intestine.

After getting rid of H. pylori, ginger compounds (gingerols) can help with general stomach discomfort.

DOSING

1 capsule 15 minutes before each meal. If tolerated, increase to two capsules prior to each meal.

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