



Microbiome Restoration

RECONDITION – REINFORCE – REBUILD Microbiome Labs Total Gut Restoration System

A healthy gut microbiome is multi-faceted and relies heavily upon 3 fundamental aspects of gut health including the microbial population, physical structures, and immune function. For this reason, therapies that only address one layer are often ineffective.

This system was uniquely designed to target all three of these areas to help you achieve Total Gut Restoration.

RECONDITION

MegaSporeBiotic™ SPORE-BASED PROBIOTIC | ANTIOXIDANT

MegaSporeBiotic™ is a 100% spore-based, broad-spectrum probiotic clinically shown to maintain healthy gut barrier function. This unique all-spore formula effectively RECONDITIONS the gut by promoting microbial diversity and maintaining key health-promoting, commensal gut bacteria.



Titration Schedule

As a reminder, we recommend starting out slowly in taking MegaSporeBiotic™ to avoid any symptoms associated with detoxification. Although these symptoms are rare, we still advise starting slowly. Most common symptoms are diarrhea / loose stool and intestinal cramping.

- Take with food or right after a meal.
- Typical dosage:
 - Week 1: 1 capsule every other day
 - Week 2: 1 capsule every day
 - Week 3: Begin standard dosage of 2 capsules simultaneously every day

Titration Schedule Continued

- Thereafter: Standard dosage or as instructed by your health care provider. Patients who are comfortable at 2 capsules per day can always increase their dose acutely to help with infections and periods of gut and immune stress. They can take 3 or even 4 capsules at a time for 3-5 days to further support their system.

Sensitive adults who may have greater levels of dysbiosis will want to start slowly, for example $\frac{1}{4}$ or $\frac{1}{2}$ capsule every other day, gradually increasing the amount until they are able to comfortably enjoy 2x capsules simultaneously each today.

Infants should start out taking $\frac{1}{4}$ or $\frac{1}{2}$ capsule every other day. Slowly increase dose to 1 capsule a day with food. Contents of the capsule can be combined with a small amount of food such as applesauce for a more individualized dosage. Refrigeration is NEVER necessary.

Children over the age of 10 should follow adult titration schedule.

If symptoms become uncomfortable as dosing increases, stop supplementing until symptoms abate and then repeat titration schedule at a slower pace.

REINFORCE

MegaPreBiotic™ PRECISION PREBIOTIC™

MegaPreBiotic™ is the first Precision Prebiotic™ supplement made up of clinically-tested, non-digestible oligosaccharides that can increase microbial diversity and selectively feed beneficial bacteria. MegaPreBiotic™ REINFORCES the beneficial microbial changes created by MegaSporeBiotic™ to promote a strong and diverse microbiome.



Capsule Dosing Instructions:

Ages 3+: Start with 3 capsules daily with or without a meal for one week, then increase to 6 capsules daily with or without a meal as tolerated. Children under 2 years of age, please consult with your healthcare practitioner.

Week 1: 3 capsules daily

Week 2+: 6 capsules daily

REBUILD

MegaMucosa MUCOSAL SUPPORT

MegaMucosa is the first complete mucosal support supplement of its kind, formulated to REBUILD a healthy mucosal barrier. MegaMucosa also contains dairy-free immunoglobulins clinically shown to support a healthy immune response in the mucosa and a state-of-the-art flavobiotic clinically shown to support microbial diversity and alleviate barrier dysfunction, otherwise known as leaky gut.



Dosing Instructions: Take 1 capsule daily with or without food, or as directed by your healthcare practitioner.

Mega IgG2000 TOTAL IMMUNE DEFENSE

Mega IgG2000 is a dairy-free immunoglobulin concentrate that supports healthy digestion and maintains healthy gut barrier function. Unlike other milk-derived immunoglobulins on the market, Mega IgG2000 is derived from bovine serum, making it lactose-free, casein-free, and β -lactoglobulin-free.



Dosing Instructions: Ages 2+. Take 4 capsules daily with or without a meal, or as directed by your healthcare professional.

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