



Microbiome Restoration

RECONDITION – REINFORCE – REBUILD Microbiome Labs Total Gut Restoration System

A healthy gut microbiome is multi-faceted and relies heavily upon 3 fundamental aspects of gut health including the microbial population, physical structures, and immune function. For this reason, therapies that only address one layer are often ineffective.

This system was uniquely designed to target all three of these areas to help you achieve Total Gut Restoration.

RECONDITION



MegaSporeBiotic™

REINFORCE



MegaPreBiotic™

REBUILD



MegaMucosa

ORDER HERE: www.GoMicroBiome.com
Register as a Patient using the Direct Code: GoMicrobiome

RECONDITION

MegaSporeBiotic™ SPORE-BASED PROBIOTIC | ANTIOXIDANT

MegaSporeBiotic™ is a 100% spore-based, broad-spectrum probiotic clinically shown to maintain healthy gut barrier function. This unique all-spore formula effectively RECONDITIONS the gut by promoting microbial diversity and maintaining key health-promoting, commensal gut bacteria.

Dosing Instructions: Start with 1/2 capsule or 1 full capsule with food and slowly increase to 2 capsules per day using the following protocol. If 1 capsule every other day is too strong, try starting with 1/2 capsules or even 1/4 capsule in some cases. Possible symptoms may include abdominal cramping, loose stools, and changes in bowel movements. Though these symptoms may be uncomfortable, they are a sign that the product is working! Symptoms should resolve within 2-3 days.



REINFORCE

MegaPreBiotic™ PRECISION PREBIOTIC™

MegaPreBiotic™ is the first Precision Prebiotic™ supplement made up of clinically-tested, non-digestible oligosaccharides that can increase microbial diversity and selectively feed beneficial bacteria. MegaPreBiotic™ REINFORCES the beneficial microbial changes created by MegaSporeBiotic™ to promote a strong and diverse microbiome.

Dosing Instructions: Start with ½ scoop daily for one week, then increase to 1 scoop daily with or without food, or as directed by your healthcare practitioner. Mix into 16 oz of cold water or liquid of your choice.



REBUILD

MegaMucosa MUCOSAL SUPPORT

MegaMucosa is the first complete mucosal support supplement of its kind, formulated to REBUILD a healthy mucosal barrier. MegaMucosa also contains dairy-free immunoglobulins clinically shown to support a healthy immune response in the mucosa and a state-of-the-art flavobiotic clinically shown to support microbial diversity and alleviate barrier dysfunction, otherwise known as leaky gut.

Dosing Instructions: Take 1 scoop daily with or without food, or as directed by your healthcare practitioner. Mix into 16 oz of cold water or liquid of your choice.



ADDITIONAL SUPPORT FOR GUT HEALTH

Mega IgG2000 TOTAL IMMUNE DEFENSE

Mega IgG2000 is a dairy-free immunoglobulin concentrate that supports healthy digestion and maintains healthy gut barrier function. Unlike other milk-derived immunoglobulins on the market, Mega IgG2000 is derived from bovine serum, making it lactose-free, casein-free, and β -lactoglobulin-free.

Dosing Instructions: Ages 2+. Take 4 capsules daily with or without a meal, or as directed by your healthcare professional.



RestorFlora SPORE + YEAST PROBIOTIC

RestorFlora is a probiotic supplement that combines well-studied and widely-used probiotic strains *Saccharomyces Boulardii*, *Bacillus Subtilis* HU58, and *Bacillus Clausii*. This combination of probiotic yeast and bacteria offers comprehensive digestive flora support with an advanced, dual-action approach to maintain a healthy intestinal environment.

Dosing Instructions: 1-2 capsules per day with a meal, or as directed by your physician. Capsules may be opened to sprinkle contents on soft foods, water, juice, or other non-carbonated beverages for easy consumption.



Antibiotic* and Gut Infections (SIBO AND C diff) Protocol

Take 1 RestorFlora + 1 HU58 with breakfast

Take 2 MegaSporeBiotic™ with lunch

Take 1 Restorflora + 1 HU58 with dinner

** Use during antibiotic treatment and for three weeks following*

Take Restorflora when experiencing a gut infection and during antibiotic use to help crowd out pathogens and restore balance of your gut microbiome. The *S. boulardii* in Restorflora prevents *Candida* (yeast) overgrowth.

The addition of HU58 when experiencing a gut infection and during antibiotic use for an extra boost to restore a healthy balance of intestinal microflora. HU58 is a single-strain probiotic with a concentrated dose of *Bacillus subtilis*, which can produce 20+ different by-products that are anti-microbial. *B. subtilis* has the ability to do this intelligently and when needed by using what is called quorum sensing (this is how they communicate with each other) to identify pathogens, so they know what and where the antimicrobials should go.



MEGASPOREBIOTIC™ TITRATION SCHEDULE

As a reminder, we recommend starting out slowly in taking MegaSporeBiotic™ to avoid any symptoms associated with detoxification. Although these symptoms are rare, we still advise starting slowly. Most common symptoms are diarrhea / loose stool and intestinal cramping.

- Take with food or right after a meal.
- Typical dosage:
 - Week 1: 1 capsule every other day
 - Week 2: 1 capsule every day
 - Week 3: Standard dosage is 2 capsules simultaneously every day
 - Thereafter: Standard dosage or as instructed by your health care provider. Patients who are comfortable at 2 capsules per day can always increase their dose acutely to help with infections and periods of gut and immune stress. They can take 3 or even 4 capsules at a time for 3-5 days to further support their system.

Sensitive adults who may have greater levels of dysbiosis will want to start slowly, for example $\frac{1}{4}$ or $\frac{1}{2}$ capsule every other day, gradually increasing the amount until they are able to comfortably enjoy 2x capsules simultaneously each today.

Infants should start out taking $\frac{1}{4}$ or $\frac{1}{2}$ capsule every other day. Slowly increase dose to 1 capsule a day with food. Contents of the capsule can be combined with a small amount of food such as applesauce for a more individualized dosage. Refrigeration is NEVER necessary.

Children over the age of 10 should follow adult titration schedule.

If symptoms become uncomfortable as dosing increases, stop supplementing until symptoms abate and then repeat titration schedule at a slower pace.

ORDER HERE: www.GoMicroBiome.com

Patient Direct Code: GoMicrobiome



***Medical Disclaimer:** The information provided is for educational purposes only and is not intended as a substitute for advice from your physician or healthcare professional. You are, however, advised to share and discuss the information with your physician or healthcare provider. You should not use the information found herein for diagnosis, treatment, or prevention of any health problem or as a substitute for any prescribed medication or other treatment. You should not stop taking any medication without first consulting your physician. NEVER DISREGARD PROFESSIONAL MEDICAL ADVICE OR DELAY SEEKING MEDICAL TREATMENT BECAUSE OF SOMETHING YOU HAVE READ OR ACCESSED HERE.*

Thermography For Health NY

120 East 56th Street 12th Floor, New York, NY 10022 | Phone: 212-838-8884

Email: Hello@ThermographyForHealthNY.com | Website: ThermographyForHealthNY.com