

BEAUTY FORMULA QUICK REFERENCE CHART

B Bountiful Spirit	MEANING		CHAKRA
	Seeks Beauty through sensory experiences. Giving and Receiving is the Flow of a Bountiful Spirit – it is Beauty in Action.		Heart Chakra (4th Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Geranium	Kunzite	Oshun
	POISON & CURE		
	Poison: Unable to Receive Cure: Invite Beauty In with the Guided Meditation Be-U-ty		
E Energized Eyes	MEANING		CHAKRA
	Beauty is in the Eye of the Beholder. The light you shine from your eyes is the sparkle of your soul.		3rd Eye (6th Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Magnolia	Iolite	Inanna
	POISON & CURE		
	Poison: Competitive and Judgmental Thoughts Cure: Invite Beauty In with a 20 Minute Beauty Walk		
A Autonomous	MEANING		CHAKRA
	Your self- worth determines how your beauty blossoms inside of you and shines out from you.		Solar Plexus (3rd Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Neroli	Sulphur	Aphrodite
	POISON & CURE		
	Poison: Unacceptance of self Cure: Excavate Beauty with the Beauty Timeline and the 6Ts of Positive Progression		
U Unified Mind.Body.Soul	MEANING		CHAKRA
	We are a full blossom of beauty when we are unfolded and unified in Mind-Body-Spirit.		Crown Chakra (7th Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Rose	Clear Calcite	Lakshmi
	POISON & CURE		
	Poison: Fragmented in the mind about the self Cure: Practice Beauty with Beauty in the Beat and the Beauty Enhancers		
T Tantalizing	MEANING		CHAKRA
	The tease of beauty. Wanting it, working at it, seeing it in others and not fully embracing it in ourselves.		Sexual Chakra (2nd Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Jasmine	Carnelian	Hathor
	POISON & CURE		
	Poison: Not experiencing yourself as beauty Cure: Be Beauty Be You in Adornment and with Beauty in Bloom		
Y You, Embracing Your Beauty	MEANING		CHAKRA
	You are responsible for bringing beauty into your life.		Throat Chakra (5th Chakra)
	ESSENTIAL OIL	CRYSTAL	GODDESS
	Lavender	Labradorite	Venus
	POISON & CURE		
	Poison: Not embracing you, your life Cure: Practice Beauty with Mirror Mirror and with Bath Rituals		
The NOW	CHAKRA	ESSENTIAL OIL	CRYSTAL
	Root Chakra (1st Chakra)	Frankincense	Red Jasper
PAST LIVES	CHAKRA	ESSENTIAL OIL	CRYSTAL
	Soul Star Chakra (8th Chakra)	Citrus Bloom	Petrified Wood

