



Chakra Quick Reference Chart


Represents our gateway to divine love and spiritual wisdom.  **Soul Star Chakra**


Represents our ability to be fully connected spiritually.  **Crown Chakra**


Represents our ability to focus on and see the big picture.  **Third Eye Chakra**

Represents our ability to communicate.  **Throat Chakra**

Represents our ability to love.  **Heart Chakra**

Represents our ability to be confident and in-control of our lives.  **Solar Plexus Chakra**

Represents our connection and ability to accept others and new experiences.  **Sacral Chakra**

Represents our foundation and feelings of being grounded.  **Root Chakra**



NOTES:

