Oral X-Ray Protection Protocol*

Properties of Rosemary Essential Oil

The antioxidant value, or ORAC score, of rosemary is a massive 3300. It has the same potent free-radical-fighting power of goji berries.

Rosemary is rich in carnosic acid, an antioxidant that fights oxidative stress in the brain (which aids memory).

Another constituent of rosemary is carnosol, which is strongly antioxidant and anti-inflammatory. Researchers have found that carnosol selectively targets cancer cells while leaving healthy cells unharmed. Studies into rosemary's cancer-fighting effects are ongoing.

Directions for Use of Rosemary After Oral X-Ray Exposure

1. Place a quarter-sized amount of fractionated coconut oil into the palm of your hand.
2. Add 1-2 drops of rosemary essential oil.
3. Massage the oils into the soles of your feet for 30 seconds.

This can be done at any time of day. Ideally, do this twice a day for at least 2 weeks after exposure to radiation (x-rays).

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Or simply call our office to order: 212-838-8884

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Deltanol Supplement for Protection After Oral X-Ray Exposure

Deltanol is a Delta-Tocotrienol complex for cellular support after radiation.

Directions for Use of Deltanol After Oral X-Ray Exposure

- Take 1 softgel 3x a day with food for 2 weeks or longer.
- *Do not take* with other Vitamin E (tocopherols)
- *Do not take* if using aspirin or a COX-2 inhibitor blood thinner.

Research on the Radiation Protection of Tocotrienol:
https://tocotrienolresearch.org/radiation-protection/

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